

DISTRICT 4-4A TRACK MEET

THURSDAY, APRIL 16, 2015

SCRATCH MEETING: 10:00

FIELD EVENTS		
TIME	EVENT	DIVISION
11:30	Shot Put	VB
	Discus	JVG
	Triple Jump	VG
	Long Jump	JVB
	High Jump	JVG
	Pole Vault	VB
1:00	Shot Put	VG
	Discus	JVB
	Triple Jump	VB
	Long Jump	JVG
	High Jump	JVB
	Pole Vault	VG

FIELD EVENT VENUE: PRACTICE FIELD

ALL FIELD EVENTS WILL BE HELD UP ON THE PRACTICE FIELD SOUTH OF THE STADIUM.

TRIPLE JUMP	SOUTH PIT
LONG JUMP	NORTH PIT
HIGH JUMP	EAST PIT
POLE VAULT	EAST PIT
DISCUS	NORTH PIT
SHOT PUT	EAST PIT

LUNCH BREAK: 2:30 - 3:30

RUNNING PRELIMS		
TIMES	EVENT	DIVISION
3:30	100 M HURDLES	JVG
		VG
3:45	110 M HURDLES	JVB
		VB
4:00	100 M DASH	JVG
		VG
		JVB
		VB
4:20	400 M DASH	JVG
		VG
		JVB
		VB
4:45	300 M HURDLES	JVG
		VG
		JVB
		VB
5:10	200 M DASH	JVG
		VG
		JVB
		VB
5:35	3200 M Run	JVG
		VG
		JVB
		VB